

Now YOU can learn Bowenwork for wellness in YOUR hands.



- ✓ 4-hour introductory class
- ✓ Hands-on learning
- ✓ Includes handout with easy-to-understand photos and instructions
- ✓ 4 massage CEU
- ✓ Only \$75

Learn specific moves to:

- Release muscle tension
- Alleviate joint pain
- Soothe body stiffness
- Relieve neck, back, knee pain
- Stop heartburn, stomachache
- Ease breathing difficulties
- Speed injuries to heal



Saturday, June 29 12:30 – 5 pm

At the Office of

Dr. Cheryl Kasdorf, ND

781 Cove Parkway, Suite B Cottonwood, AZ

Call now & reserve your spot: **928-649-9234**

www.drcherylkasdorf.com

www.BowenworkAcademyUSA.com



Bowenwork is a gentle, effective touch therapy that stimulates the body's ability to heal itself. It is safe and appropriate for all. It requires no special supplies and can be done through clothing.

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